

2020-2021	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation Stage	Real PE: Personal Multi Skills Planningv	Real PE: Social Real PE: Real Gymnastics (12 Weeks)	Real PE: Cognitive Real PE: Real Gymnastics (12 Weeks)	Real PE: Creative Multi Skills Planningv	Real PE: Applying Physical Striking and Fielding: Rounders	Real PE: Health and Fitness Athletics Fielding and Track events.
Year 1	Real PE: Personal Multi Skills Planningv	Real PE: Social Real PE: Real Gymnastics (12 Weeks)	Real PE: Cognitive Real PE: Real Gymnastics (12 Weeks)	Real PE: Creative Multi Skills Planningv	Real PE: Applying Physical Striking and Fielding: Rounders	Real PE: Health and Fitness Athletics Fielding and Track events.
Year 2	Real PE: Personal Real PE: Real Gymnastics (12 Weeks)	Real PE: Social Real PE: Real Gymnastics (12 Weeks)	Real PE: Cognitive Dance – Dance Festival (Spring 2)	Real PE: Creative Multi Skills Planningv	Real PE: Applying Physical Striking and Fielding: Rounders	Real PE: Health and Fitness Athletics Fielding and Track events.
Year 3	Real PE: Personal Real PE: Real Gymnastics (12 Weeks)	Real PE: Social Real PE: Real Gymnastics (12 Weeks)	Real PE: Cognitive Dance – Dance Festival (Spring 2)	Real PE: Creative Striking and Fielding: Rounders	Real PE: Applying Physical Swimming	Real PE: Health and Fitness Athletics Fielding and Track events. Swimming
Year 4	Real PE: Personal Multi Skills - Invasion games	Real PE: Social Real PE: Real Gymnastics (12 Weeks)	Real PE: Cognitive Swimming	Real PE: Creative Swimming	Real PE: Applying Physical Striking and Fielding: Rounders	Real PE: Health and Fitness Athletics Fielding and Track events.
Year 5	Real PE: Social Swimming	Real PE: Cognitive Swimming	Real PE: Creative Real PE: Real Gymnastics (12 Weeks)	Real PE Apply Physical OAA	Real PE: Health and Fitness Striking and Fielding: Rounders	Real PE: Personal Athletics Fielding and Track events.

Year 6	Real PE: Social Multi Skills - Invasion games	Real PE: Cognitive Real PE: Real Gymnastics (12 Weeks)	Real PE: Creative Real PE: Real Gymnastics (12 Weeks)	Real PE Apply Physical OAA	Real PE: Health and Fitness Striking and Fielding: Rounders	Real PE: Personal Athletics Fielding and Track events.
Intra Competition:	Within your class/year group (if more than one class) put Teams related to colours and have a mini tournament of bench ball/netball Year 4 – Year 6		Gymnastics competition Chn in groups of their team to come up with a sequence.		Rounders Tournament for each Key Stage. FS vs FS Year 1 Vs Year 2 Year 3 Vs Year 4 Year 5 Vs Year 6	Sports Day

Bench Ball Rules - Devise two teams, two benches, a ball and some bibs.

You need to nominate one person to stand on the bench, in their half (the goalkeeper). The rest of the player arranges themselves anywhere in THEIR half. Choose another person to stand centre of the court, the teacher throws up the ball to gain possession for their team.

The aim of the game is to score goals by passing the ball around your team in order to pass it back to your goalkeeper on the bench.

For KS2 – you have to do FIVE PASSES before getting it to the person on the bench. If the ball is dropped, you need to start again at the centre! The ball cannot bounce when throwing it to the person on the bench.

For KS1 – your aim is to get the ball to the person on the bench without any bounces (a clean catch). You need to get 5 people on your bench to win!

If the ball goes outside of the court/behind the bench, the opposite team gets the throw in.

Pupils start to think about working as a team, choosing when and how to pass, and thinking about their position on the court.

Enjoy the game