

North Wingfield Primary and Nursery Academy: Risk Assessment for Physical Education & Physical Activity in response to Covid-19

This risk assessment has been prepared based on advice given by the Association for Physical Education (AfPE). Ongoing, specific Government advice and guidelines will need to be taken into account as the current situation changes and this risk assessment reviewed and updated as needed.

The intention is that children can participate in purposeful physical education and physical activity during this time. Whilst the teaching of PE will not be as it was before, with some adaptations meaningful work can still be undertaken with the proper planning, protective measures and social distancing. This risk assessment is also intended to help staff feel safe and protected delivering both physical education and physical activity opportunities for children. The key principles for supporting safe PE and physical activity are:

- Clean frequently touched surfaces
- Wash hands frequently as part of a clear hygiene regime
- Minimise contact
- Ensure good respiratory hygiene

Areas to consider	Suggested Practise	Implications/Ideas for the school	Action to be taken
Learning	<p>Activities taking place in PE lessons and Physical activity sessions should be strictly non-contact and these conditions shared with the pupils.</p> <p>Agree what learning is appropriate (including the relationship between face-to-face and remote education), for example, identify curriculum priorities, agree revised expectations and required adjustments in practical lessons, and any approaches to 'catch up' support.</p> <p>Ensure you have considered the impact on staff and pupils with protected characteristics, including race and disability, in developing your approach.</p>	<p>Where possible use limited resources to avoid contamination/spread of germs (see resources row).</p> <p>The priority as children return to school will be mental wellbeing and physical activity. Year groups are free to deviate from curriculum map in response to the children's needs.</p> <p>Individual teachers are best placed and encouraged to adapt activities as needed.</p>	<p>LG to share with teaching staff to ensure all understand.</p>

	Team games, which involve contact, must be avoided.		
Protection Measures and Hygiene	<p>Decide the physical and organisational structures needed to limit risks and limit movement around the building(s) (for example, classroom layouts, entry and exit points, staggered starts and break times, class sizes, lunch queues, use of communal staff areas).</p> <p>Agree how safety measures and messages will be implemented and displayed around school.</p> <p>Ensure there is sufficient tissues available for ensuring good respiratory hygiene - i.e. 'catch it, bag it, bin it' approach.</p>	<p>This has been reviewed as part of phased re-opening planning as well as our wider reopening. Parents/All staff are aware of entry/exits/class sizes/lunches, etc.)</p> <p>To be decided by SLT.</p> <p>Teachers to take a supply box of tissues / hand sanitiser to lesson with them as they would asthma inhalers.</p>	<p>Review plans as Government/LA advice changes.</p> <p>Box of supplies from each bubble/class to be resources.</p>
Changing areas	<p>If used, these should be cleaned after every lesson - Wiping of surfaces is a reasonable approach.</p> <p>Attending school with PE kit on will limit the need to use changing rooms.</p> <p>Ensure sufficient standard cleaning equipment is available in all changing areas. Social distancing measures still apply and marking out areas which cannot be used will help you to manage the area effectively.</p>	<p>Allow children to wear PE kit to school on days where they have PE lessons. This will eliminate need for them to change in small spaces and to bring in resources from home.</p>	<p>Communicated with parents when reopening.</p> <p>Children will be reminded to wear PE kit on their PE day.</p>
Teaching Areas	<p>Encourage outdoor PE and PA to support social distancing.</p> <p>Students should work in their own zone which may be marked out, depending on allocated</p>	<p>Use of outdoor areas wherever possible. Could potentially use hall in future depending on group size and other practical arrangements.</p>	<ul style="list-style-type: none"> • Share with staff <p>LG to check we have enough resources that could be used for marking out areas.</p>

	teaching space. PE outside could be preferable to indoor PE.	Use of chalk, cones, hoops, other resources to mark areas for children to work in (equipment for this to be selected based on safety considerations of the activity).	- New strips are in the PE trolley.
Social distancing within lessons	You should ensure that all lesson activity adheres to the social distancing rules in place at the time of delivery. This means team games involving contact are currently not possible. One solution is for each student to have their own zone which they can work in.	No contact games to be played until distancing advice changes. However individual skills e.g. dribbling a football or hockey ball, can still be taught. Participation in intraschool competitions will need to be considered carefully (all are currently on hold).	Share with staff. LG from September to keep in contact with colleagues from other schools and event organisers.
Group Sizes	Class sizes should adhere to Government guidance and be reduced to a level where social distancing rules can be applied.	This has been reviewed as part of wider re-opening.	
PE Clothing	The school will need to agree on modifications/adaptions on clothing expectations. It may be that you would like your students to attend in their PE kit for the whole day on the day when they have a timetabled physical education lesson in order to limit or avoid the use of the changing areas. This is a whole school decision. You may want to consider back up clothing for when the weather is poor.	Weather appropriate PE kit to be worn on days when PE lessons are delivered. This will eliminate the need to get changed in smaller spaces (breaking social distancing guidance) and also the amount of resources entering school from children's homes.	Parents are made aware. Remind children of their day - use Class Dojo to remind. If forecast is bad, could children bring in something waterproof?
PE Equipment	Equipment will need to be cleaned after each use.	Use of equipment should be limited in the short term whilst staff &	LG from September to review which equipment is more practical

	<p>This a whole school issue and all departments/subjects will be facing the same issues so this should be a whole school solution.</p> <p>You will need to make a decision on which equipment is easier to build into lessons and take into account the cleaning regime at the end of the sessions.</p> <p>Hand washing routines will mean more equipment is available to pupils; however it is often easier to plan for and discourage the sharing of equipment to mitigate against virus transmission.</p>	<p>children adjust to new way of working.</p> <p>Use equipment that can be cleaned relatively easily. For example hula hoops, hockey stick handles can be wiped after use. Fabrics such as beanbags are more problematic.</p>	<p>and can be re-introduced to lessons first, for example cones, strips, hoops.</p> <p>Make staff aware not to use tennis balls, bean bags - fabrics.</p>
<p>Washing hands/Hand sanitiser</p>	<p>Opportunities for handwashing before and after the lesson must be available.</p> <p>Hand sanitiser should be readily available for students to use throughout the day. This is in addition to regular handwashing.</p>	<p>Children to wash hands before and after PE lesson / physical activity as part of routine.</p>	<p>Staff to remind chn of this expectation.</p>